



EUROPEAN SOCIETY OF HYPERTENSION

To Professor Dr. Zlatko Fras
President of UEMS
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Dear Professor Fras,

Thank you for the informative conversation you had with Professor Denis Clement, who is responsible for EU Contacts in the Council of the European Society of Hypertension.

We believe that it is time to give official recognition to the specialty of Hypertension, which is one of the major cardiovascular risk factors for morbidity and mortality worldwide and in Europe in particular. The prevalence of hypertension is foreseen to steadily increase due to aging of the population and to obesity.

Although excellent treatment strategies are available, many data (see the recent EuroAspire study results) make clear that control of blood pressure in the population is far from ideal. In many countries, target blood pressure is reached in less than 50% of hypertensive subjects.

Therefore, it is important that physicians should be stimulated to devote great effort and time to the management of hypertension. We see at our yearly European meetings, a steady increase in the attendance, pointing to the need for further information and training.

We are convinced that in order to stimulate physicians to help reaching this goal, recognition by UEMS would be extremely useful.

These are the principal reasons why we are asking UEMS to investigate the possibility of creating a Division of Hypertension within the Section of Internal Medicine and/or setting up a Multi-Disciplinary Joint Committee (MJC). This would enable us to bring several disciplines together and to stimulate physicians to concentrate on this important area of medicine.



EUROPEAN SOCIETY OF HYPERTENSION

We hope that UEMS will give a positive answer to our request.

Meanwhile, I am sending you our very best regards,

Professor Dr. Krzysztof Narkiewicz
President of the European Society of Hypertension

Sept 29, 2009

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